

Jacob's Well Appeal

Changing the world ...

... One life at a time

December 2017 Newsletter



HELPING FARMERS AND GYMNASTS IN BURKINA FASO

A group of six Jacob's Well volunteers visited the ABC School in Bobo, Burkina Faso, last month. The school has just bought some farm-land nearby and plans to open an agricultural school to teach farming techniques. One of our UK donors had donated money for a well to be dug at the farm site and our volunteers were lucky enough to see the drill machine hit water after only 4 hours of drilling! The land will be used to grow food for the school and teach the pupils techniques to make their crops grow more productively. They also plan to purchase pigs, cows and chickens, and will use them as a part of the teaching programme. Jacob's Well is hoping to conduct an Easter campaign to raise funds to buy hundreds of chickens!

The ABC school, which is now 9 years old, is also in the process of building a gym and sports centre—something that is almost never seen in this part of Africa! They have trained a gymnastics team that tours the local schools giving displays. Local's mouths drop open as the young people do back flips and gyrate over a vaulting horse (sent by Jacob's Well!). Our volunteers were able to watch the team perform. If you could help us send more sports equipment to this school, we would be very grateful. (Especially mats and springboard please.)



ONE MILLION FRUIT TREES FOR AFRICA

Jacob's Well Appeal is working with several partners abroad to plant fruit trees in Africa. Burkina Faso and Northern Ghana are in the Sahel region of West Africa which is the transition zone between the Sahara desert and the Savannah and this area is at great risk of desertification. By planting fruit trees we can help improve the environment as well as feed the communities and protect against blindness in the children by providing Vitamin A. This year we have planted 300 more trees in Northern Ghana, some in schools and some in very poor remote communities with our partners C4C.

We have also worked with partners in Burkina Faso to plant several more orchards this year. In November, Alistair and Margaret Robertson, our Medical Directors, visited a fruit tree plantation in Burkina Faso that was recently planted. Pastor Bruno planted 77 trees and has managed to keep them watered, despite having to fetch the water by a donkey cart from a well 4 kilometres away! The communities are really grateful for the opportunity given to them by our generous donors. If you would like to buy a Christmas present of a fruit tree gift card or bookmark, please let us know. Each £2 card or bookmark enables us to plant one fruit tree in West Africa.

Earlier this year, Anne Mitchell and Val Ingram completed the "West Highland Way" to raise money for Jacob's Well. Walking 96 miles, they raised £1579 for Gym equipment in Burkina Faso.

Enclosed with this newsletter is a consent form. If we do not receive your consent to hold personal information, we will not be able to send any more newsletters to you after May 2018.

JACOB'S WELL VOLUNTEERS TRIP TO GHANA, OCTOBER 2017

This October, two of our volunteers went on a working visit to Tamale, Northern Ghana. Liz Lyle, a Pharmacist and Jacob's Well trustee, joined Helen Hyams, a Paediatric Physiotherapist. Together they helped deliver a Cerebral Palsy Africa training course in how to make standing frames for children with Cerebral Palsy from cardboard, newspaper and cement sacks. These standing frames help the children to develop control of their head and upper body. Helen reviewed six children (exhausting in 38°C heat and 89% humidity), four of whom received frames made by the course participants. A high point was when a local boy and his Mum called in to the Physio Department to show us the fantastic progress he had made since receiving his chair during Helen's previous visit in February. The course ran from 8am to 6pm each day for six days, sometimes without power for the electric kettles needed for glue making. It was a long trek to the children's ward in the main block which had a generator. They celebrated finishing with a meal of chicken and chips at the Catholic Guest House.



Helen Hyams gives physio to a local boy

Liz & Helen's second week was spent at **The King's Village**, one of our partners in the Tamale region which runs a small hospital, a school and various agricultural projects. Helen gave talks about disability and inclusion to the school children, whilst Liz taught on disease prevention. Many of the local health problems are linked to poor hygiene and not sleeping under mosquito nets. Helen was called to the Emergency Ward to give Physiotherapy to an unconscious 3 year old being treated for Cerebral Malaria to try and reduce some of his spasticity. We later heard he was discharged home as his malaria had not responded to treatment. Many of the patients presented too late for treatment to be effective. Often local herbalists will have offered treatment first and patients and their families only seek medical treatment if they deteriorate and can access funds and transport to reach hospital. During our stay at the King's Village, we also journeyed to a health clinic in a remote village (two hours in the truck bouncing along rough tracks!). Helen saw Musa, a tiny six year old boy with Cerebral Palsy who also suffered with club feet and malnutrition. He had received one of the car seats that was sent out in an earlier Jacob's Well container. The car seat had been tied into a wheelchair, which allowed his brothers to push him to school! Helen showed his father how to do exercises to move and strengthen his limbs. Helen also reviewed a remarkable older lady with a cleft palate who had been disabled for many years, probably due to polio. She happily demonstrated to us how she could get in and out of her ancient hand propelled wheelchair. She was measured up for new cushions which will be taken for her on the next visit by the King's Village.



Seed Bank Beneficiaries

COMMUNITY SEED BANK IN NORTHERN GHANA

Our partners in Northern Ghana are called "Coalition for Change" (C4C). They operate two tractors that we sent to Ghana, and they work with disadvantaged women in the Upper West. With our help, they ran a soya seed bank project in two village communities, providing seed and ploughing to 53 women, with a further 45 women benefitting from reduced rate ploughing. The women are also given training in managing their income and encouraged to send their children to school.



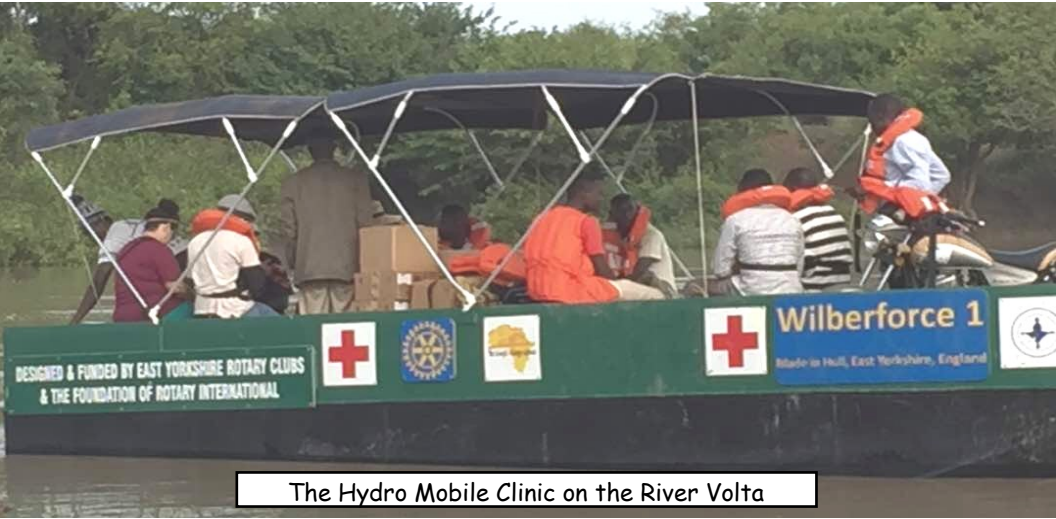
Sandra Scantlebury (17th March 1965 – 3rd October 2017)

We are sad to announce that our former Ghana leader, **Sandra Scantlebury** died whilst visiting Accra recently. Her funeral was held in Agona-Swedru, Cape Coast, Ghana, in accordance with her wish to be buried in Ghana, the country she loved so much. Helen Hyams and Liz Lyle were able to represent Jacob's Well at the funeral, which was attended by her niece Simone, friends and colleagues from across Ghana.

HYDRO MOBILE CLINIC

You may recall that we sent a medical clinic boat to King's Village, Ghana, earlier this year. Helen and Liz were able to visit the boat on the Volta River, which is currently being used to take "outreach clinics" - bringing medical care to outlying places that have no access to doctors or hospitals. This boat has now had its first trips up the White Volta river, tending to patients in the communities. The communities it serves have very little access to medical help, being separated from The King's Village Medical Centre by a wide river. The boat will be doing ante-natal clinics and paediatrics mainly, including immunisations. It is likely that this intervention will prevent many children becoming ill in countless ways, and prevent many deaths. Alistair and Margaret are looking forward to visiting next year to see how things are going, and plan to see these previously cut off communities.

Jacob's Well would also like to thank John Thompson and his assistant KD for the help received. John, who comes from Beverley, was working with "The First Group" (property developers) in Accra at the time the Hydro-mobile clinic was sent over. Having been moved by the story of the boat and the poor communities it will help, he and KD raised money to support some of the school children and also to drill two new bore-holes in the area.



The Hydro Mobile Clinic on the River Volta

We would like to **thank all our staff and volunteers** who work in our shops, offices, warehouse and abroad for their hard work this year. In the summer, our warehouse was completely over-run, with mountains of items that needed sorting! Following a media appeal, many new volunteers came along and joined our happy band! They set to work and helped us to clear the backlog, becoming great new friends in the process. A very special thank you is also due to **all our donors**, who give money or items. We have many who knit baby clothes, blankets or other items for us, and we have been asked by our overseas donors to say a special "thank you" to them. This year, some of these items have helped children in Moldova whose house temperatures can get down to -15C. Thank you for all those who have given colostomy bags or other medical items. Many of our beneficiaries would not receive medical care without these items. ~Thank you to those who sponsor children in our partner schools and for those who have helped with our agricultural projects. Please carry on supporting us !!

OVERSEAS AID CONSIGNMENTS

In 2017, Jacob's Well has sent 11 containers of aid (some in partnership with other charities)

- 3 loads to war-torn **Syria**
- 1 load to Tamale, **Ghana**
- 2 loads to **Moldova**
- 2 loads to **Burkina Faso**
- 1 load to **Somaliland**
- 1 load to **Cape Verde**

We have also sent disability equipment to Bulgaria.

We spent **£47,300** on sending aid shipments overseas, although £24,500 of this was donated by partner charities.

The total value of the aid that we sent was	£1,753,000
Medical Supplies	£1,631,000
Clothes & Household	£68,300
Food	£17,800
Education	£23,600
Agriculture	£11,600

We have also sent money to the value of a further **£61,193** to support projects overseas;

Medical	£ 9,967
Educational	£34,811
Agricultural	£11,572
Other	b £ 4,843

In October, in partnership with "G.I.F.T." our first container went to **SOMALILAND**, an autonomous region to the North of Somalia. It comprised of medical supplies, including a refurbished anaesthetic machine.

Another first was **CAPE VERDE**, an island republic 570 Km from the coast of Senegal. Earlier this year we were approached by the "The Resort Group" which have hotels in Cape Verde. They were aware that the hospitals for the local communities had very poor resources and wanted to help. They asked if we would be willing to send a medical container if they paid for the container and the shipping. The container, which also contained a much needed reconditioned ultra sound machine, cleared customs in November. Earlier this year we were asked if we could help to send some wheelchairs for a charity in **MOLDOVA** called "Pilgrims". They told us that there were no wheelchairs at all in the children's Oncology ward of the main hospital in the capital, and parents were having to carry children from one place to another within the ward.

Pilgrims also had contact with a home for disabled adults and children where there were no wheelchairs at all for the teenagers who could not walk. The younger children were using baby pushchairs, which were obviously unsuitable for their needs. As so often happens, we had just received a donation of children's wheelchairs into our Beverley warehouse, including several that had been specially adapted for disabled teenagers.

This year's **Lazaat's Christmas Party** raised **£7,309**. Special thanks to Bridget Conroy for organising it. We are grateful to everyone who supported this Event.

Next year's Lazaat's Christmas party— Friday 23rd November 2018.

Jacob's Well Appeal. Swinemoor Lane, Beverley. HU17 0JX. Tel. 01482 881162.

Email; office@jacobswellappeal.org

www.jacobswellappeal.org

Registered Charity No. 515235. Follow us on Facebook and Twitter

Donations
Via Internet Banking
Account Name Jacob's Well Appeal
Account Number:71090704
Sort Code:40 10 12

TEXT GIVING: Text **JWAS06** followed by the amount you want to donate to **70070**

HELP US TO GET A NEW LORRY

On a recent mechanical inspection, our old faithful lorry was condemned! We bought this truck second hand at least 10 years ago, and since then it has been heavily used, collecting aid supplies from schools and hospitals across the region and beyond. It will cost around £17,000 to buy another lorry second hand. This runs of the risk that it may have been hammered and could end up costing us money. Or for £25,000 we could buy new one with a 3 year guarantee. Could you help us to keep sending our precious aid overseas by giving a donation towards a replacement vehicle?



Personal Information Consent Forms

Thank you so much for all the support you give to Jacob's Well Appeal. We would achieve nothing without you.

AFTER MAY 2018, WE WILL NOT BE ABLE TO SEND ANY FURTHER INFORMATION UNLESS WE RECEIVE YOUR WRITTEN CONSENT AS SET OUT ABOVE.

Under new government regulations, we need to keep a record of personal information such as your name and contact details. All personal information is treated as private and confidential by all staff and volunteers. It is recorded either digitally or on paper which are locked in the main office. Should you wish to see our privacy policy, please see our website or contact the office.

We also maintain a record of donors who have supplied gift aid declarations. This information is held separately and is used only for processing gift aid claims. You have the right to see any information that we hold about you and to have your details removed.

In order to do this, we need your consent.

CONSENT

☐ I have read and understood the above information and I give/do not give (delete as appropriate) my written consent for JACOB'S WELL APPEAL to hold personal information about me.

☐ I am happy to be contacted by post, telephone or email (delete any which do not apply). I am happy to receive newsletters by email.

☐ I am happy for my details to be retained until I notify you. (Otherwise we would need to contact you every two years.

NAME:

EMAIL ADDRESS:

ADDRESS:

PHONE: (you do not need to give this)

SIGNATURE:

DATE:

PLEASE RETURN THIS CONSENT FORM TO THE OFFICE.

AFTER MAY 2018, WE WILL NOT BE ABLE TO SEND ANY FURTHER INFORMATION UNLESS WE RECEIVE YOUR WRITTEN CONSENT AS SET OUT ABOVE.

GIFT AID DECLARATION

Please treat as Gift Aid donations all qualifying gifts of money made to Jacob's Well Appeal.

Gift Aid is reclaimed by the charity from the tax you pay for the current year.

Your address is needed to identify you as a current UK taxpayer.

In order to Gift Aid your donation, you must tick the box below.

I want to Gift Aid my donation of £_____ and any donation. I make in the future or have made in the past four years.

I am a UK taxpayer and understand that, if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in the tax year,

it is my responsibility to pay any difference.

My details (Please Print):

Title.....Forenames.....Surname.....

Full Home Address.....

.....

.....Post-Code.....

Signature..... Date.....

Please notify the Charity if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains.

If you pay Income tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.